

## **Companion Fatigue Coping With Secondary Traumatic Stress Disorder In Those Who Treat The Traumatized Psychosocial Stress Series**

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### *The Struggle Is Real*

People whose professions lead to prolonged exposure to other people's trauma can be vulnerable to compassion fatigue ... This sapped ability to cope with secondary trauma can lead to total ...

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## *Psychology Today*

We're all familiar with the long term challenges; an increasing core general practice workload, shifting services from secondary to primary care, increased opening hours, and hence our own working ...

## *Workforce fatigue*

Actively taking steps to cope with the chronic stress of multiple sclerosis (MS) — from keeping a sense of humor to seeking emotional and tangible support — can help to improve patients' quality of ...

## *Actively 'Coping' With Daily Stress of MS Tied to Better Life Quality*

Because the causes of secondary ... of fatigue in the patient with MS is offered, as well as a tool that can be used to evaluate fatigue. Several evidence-based management strategies for dealing ...

## *The Concept of Fatigue in Multiple Sclerosis*

Fires, droughts, floods, power outages. The interval between disasters is shortening, or in some cases disappearing altogether.

## *Constant, Compounding Disasters Are Exhausting Emergency Response*

The Surface Duo is on the cusp of greatness. With a bit more faith from Microsoft, and a lot more investment, the Duo could go from being niche oddity to a mainstream mainstay.

## *The Surface Duo deserves Microsoft's faith and boosted investment*

Disabled comedians, musicians, athletes, writers and mathematicians on what they wish they'd known growing up ...

## *'Never apologise for being you': celebrities' letters to their teenage selves*

Despite the life-threatening anarchy occurring in areas where we work, one is still expected to show up and replace fear and anxiety with warmth and enthusiasm ...

## *Doctor speaks out about the mental toll of Covid-19 and now the unrest*

Rachel Young, of Sheffield Hallam University, explains how clinical care could be modified to better support those recovering from long COVID.

## *Transforming clinical care delivery to support long COVID patients*

There's also mental fatigue or exhaustion that can be the result of grief, being in a stressful situation, or having to cope with a major stressor for a long time, like living through a global ...

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## *How to Stop Feeling Lazy and Become More Motivated*

Physical symptoms can exacerbate cognitive symptoms. “Some neurocognitive symptoms are due to secondary things like lack of sleep, intense fatigue, lack of exercise,” she says. “When you’re in pain, ...

## *Coping with the cognitive symptoms of lupus*

“It hasn’t manifested yet, due to resource issues and alert fatigue, as well,” said Sehgal. “There’s a massive amount of data coming over to these teams. They’re comfortable dealing with ... where ...

## *Strong medical device security awareness stifled by inventory, knowledge gaps*

The CSP highlighted the need for access to high-quality rehab to ensure people recovering from Covid-19 could return to work without feeling exhausted at the end of every day.

## *‘Learn lessons on rehab from Covid,’ CSP tells government hearing*

Fitbit may have defined the fitness tracker era, but it’s produced some seriously ugly devices over the years. But it’s back to change that with the ...

## *Fitbit Luxe review: serious fitness tracker style*

FoundationOne CDx has been approved by the FDA as a companion diagnostic for brigatinib (Alunbrig ... The primary end point of the study was progression-free survival (PFS), with a key secondary end ...

## *FDA Approves FoundationOne CDx as a Companion Diagnostic for Brigatinib in ALK+ Metastatic NSCLC*

This column focuses on ‘Monsoon and COVID-19’ and gives you all the essential information required during this rainy season to keep your family safe from COVID.

## *How Monsoon Diseases like Malaria and Dengue Can Increase Your Covid-19 Risk?*

One category of silent sufferers in particular are really struggling to cope with the pandemic ... textbooks and secondary research. Some motivated self-learners like high-school student ...